

## Changes to Continuing Professional Development

We're getting ready for enhanced CPD, so should you. The changes will take place in January 2018 for dentists and August 2018 for dental care professionals.

### What are the main changes?

- An increase in the number of verifiable hours and the requirement to spread the hours more evenly across the five-year cycle (see details in the table below);
- The reduction of CPD hours overall for all dental professionals, due to the removal of non-verifiable CPD;
- The need to make a mandatory annual declaration of the CPD hours you have done and that you are meeting the requirements;
- The requirement of a personal development plan.

The hours required over a five year cycle will be:

Registrant Group	Hours of verifiable CPD per five year cycle
Dentists	100
Dental Therapists	75
Dental Hygienists	75
Orthodontic Therapists	75
Clinical Dental Technicians	75
Dental Nurses	50
Dental Technicians	50

### When?

All dentists will move to the new scheme on 1 January 2018 and all dental care professionals on 1 August 2018. There will be transitional arrangements for those who are mid-cycle on these dates and those registrants will have to complete some CPD based on the current scheme and some on the new scheme. We will tell you more about this in the autumn.

### What?

You will need to keep a CPD record. This must include:

- A personal development plan which details the CPD you plan to undertake and associated learning outcomes. This may evolve throughout your cycle.
- A log of completed activity, including date, number of hours and which learning outcome it covered.
- The evidence you have collected (e.g. a certificate) for each activity.

More information is available on our website: [www.gdc-uk.org/professionals](http://www.gdc-uk.org/professionals)

# Continuing Professional Development Changes

Enhanced CPD:  
Your 5 year cycle

**Meet the hours requirement**

Professional	Min. hours/ cycle
Dentist	100
Dental therapist	75
Dental hygienist	75
Orthodontic therapist	75
Clinical dental technician	75
Dental nurse	50
Dental technician	50

**Remember:**

*You need to do CPD regularly, at least 10 hours every 2 years*

**Keep a CPD record**

**This needs to include:**

- 1) Your personal development plan (PDP)
- 2) Your log of CPD activity completed
- 3) Documentary evidence (e.g. certificate) from the CPD provider for all activity completed

*Each CPD activity needs at least one of the GDC's learning outcomes*

**Make your annual declaration**

**You will be declaring:**

- The number of CPD hours you have done in that year;
- That you have kept a CPD record;
- That the activity you have done is relevant to your practice as a professional.

*You can log onto EGDC at any time to make your declaration for each year*